



**HS Advanced Repertory
Dance GSE Standards Level I-II**



Creating

- DHSAR.CR.1 Demonstrate an understanding of creative/choreographic principles, processes, and structures.**
- Perform famous choreographic works and explore their influences for creation.
 - Explain how historical modern dance works have influenced current choreographic trends through presentation (e.g. choreography, oral, multi-media).
 - Investigate the social, historical, and political impact of specific modern dance works.
- DHSAR.CR.2 Demonstrate an understanding of dance as a form of communication.**
- Recognize how the use of choreographic structure is used to communicate meaning in a dance performance.
 - Identify the use of abstract theme through choreography.

Performing

- DHSAR.PR.1 Identify and demonstrate movement elements, skills, and terminology in dance.**
- Execute technique-based warm-up related to strength, muscular endurance, and flexibility (e.g. flat backs, laterals, contract/release, fall/recovery, high release, spirals, head-tail connection, Bartenieff Fundamentals, pli , tendu, degag , pirouette, adagio; isolations, cat walks, jazz squares).
 - Execute principles of technique with clarity and control for classroom and performance.
 - Execute focus, control, and coordination in performing combinations through the integration of dance elements.
 - Refine the ability to transfer weight, change direction, and maintain balance in a dynamic movement context without losing focus.
 - Understand similarities of movement concepts between dance techniques, and apply appropriate terms and skills for specific movement contexts.
- DHSAR.PR.2 Understand and model dance etiquette as a classroom participant, performer, and observer.**
- Demonstrate attentiveness, focus, concentration, initiative, and self-discipline when participating in the dance learning environment.
 - Demonstrate concentration and focus, and help to maintain a respectful performance environment for others.
 - Exhibit ability to perform with focus and concentration, and attend rehearsals and classes in preparation for performances.
 - Exhibit leadership skills in modeling appropriate behaviors and skills as an audience member and dance observer.
- DHSAR.PR.3 Recognize concepts of anatomy and kinesiology in movement.**
- Exhibit use of self-monitoring methods to refine and improve alignment and technical skills.
 - Define, describe, and execute functions of anatomy as they relate to dance styles, and how preparation for different dance techniques vary.
 - Apply principles of injury prevention for dance techniques to personal practices in preparing for technique class and performance.



DHSAR.PR.4 Understand and apply music concepts to dance.

- a. Investigate syncopation, polyrhythms counterpoint, and call-response within instructed and created dance phrases.
- b. Phrase movements artistically, aesthetically, and musically.

Responding

DHSAR.RE.1 Demonstrate critical and creative thinking in all aspects of dance.

- a. Critique movement qualities and choreographic elements (e.g. spatial design, variety, contrast, clear structure).
- b. Describe aesthetic qualities particular to various dance techniques.
- c. Propose ways to revise modern dance choreography according to formal assessment criteria.
- d. Engage in self-reflection and self-assessment as creator and performer.

Connecting

DHSAR.CN.1 Understand and demonstrate dance throughout history and in various cultures.

- a. Analyze the role and significance of various dance genres (e.g. ballet, modern, jazz, hip-hop, West African, tap) in social, historical, cultural, and political contexts.
- b. Execute movement from various dance techniques and/or cultures.

DHSAR.CN.2 Recognize connections between dance and wellness.

- a. Compare and contrast the effects of healthy and unhealthy practices in dance.
- b. Identify and explore the capabilities and limitations of the body.
- c. Explore historical and cultural images of the body in dance and compare these to images of the body in contemporary media.
- d. Demonstrate how personal discipline is necessary to achieve success in meeting personal goals.

DHSAR.CN.3 Demonstrate an understanding of dance as it relates to other areas of knowledge.

- a. Identify and explore various dance genres and innovations throughout historical time periods.
- b. Use a variety of resources to investigate dance genres.
- c. Identify and explore various dance related professions.
- d. Explore the use of media and technology to communicate about and create dance.
- e. Explore media and technological tools to enhance dance performance (e.g. lighting, sound).