



**HS Modern Dance Level II
GSE Standards**



Creating

- DHSMOD2.CR.1** **Demonstrate an understanding of creative/choreographic principles, processes, and structures.**
- Explore the elements of choreography.
 - Use technology or software to record a modern dance or phrase.
 - Demonstrate the use of choreographic form through short combinations.
 - Manipulate personal and structured dance combinations.
 - Demonstrate and recognize a variety of structures or forms (e.g. AB, ABA, canon, callresponse, narrative).
- DHSMOD2.CR.2** **Demonstrate an understanding of dance as a form of communication.**
- Recognize how the use of choreographic structure is used to communicate meaning in a modern dance.
 - Demonstrate the use of various themes through movement.

Performing

- DHSMOD2.PR.1** **Identify and demonstrate movement elements, skills, and terminology in dance.**
- Execute a beginner modern-based warm-up related to strength, muscular endurance, and flexibility (e.g. flat backs, laterals, roll downs, contract/release, fall/recovery, Bartenieff fundamentals).
 - Execute beginner principles of modern dance technique with clarity and control for classroom and performance.
 - Execute focus, control, and coordination in performing beginner modern combinations through the integration of modern dance elements.
 - Execute the transfer of weight and change direction while maintaining balance.
 - Understand dance vocabulary from modern techniques.
- DHSMOD2.PR.2** **Understand and model dance etiquette as a classroom participant, performer, and observer.**
- Demonstrate attentiveness, focus, concentration, initiative, and self-discipline when participating in the dance learning environment.
 - Demonstrate concentration and focus and help to maintain a respectful performance environment for others.
 - Exhibit ability to perform with focus and concentration, and attend rehearsals and classes in preparation for



performances.

d. Exhibit leadership skills in modeling appropriate behaviors and skills as an audience member and dance observer.

DHSMOD2.PR.3

Recognize concepts of anatomy and kinesiology in movement.

a. Identify self-monitoring methods to refine and improve alignment and technical skills.

b. Identify similarities and differences between progressive sequential orders of warm-up exercises in various modern dance styles.

c. Apply teacher prompted imagery to increase efficiency of movement.

d. Develop personal practices in preparing for modern dance class and performance.

DHSMOD2.PR.4

Understand and apply music concepts to dance.

a. Demonstrate various kinds of syncopation, polyrhythms counterpoint, and call-response within instructed and created dance phrases.

b. Phrase movements artistically, aesthetically, and musically.

Responding

DHSMOD2.RE.1

Demonstrate critical and creative thinking in all aspects of dance.

a. Critique movement qualities and choreography using the elements of modern dance (e.g. spatial design, variety, contrast, clear structure).

b. Observe and formulate opinions about the quality of modern dances on the basis of established criteria.

c. Defend a modern dance work.

d. Observe and respond to modern dance compositions.

e. Discuss and identify aesthetic qualities particular to various modern dance techniques.

f. Engage in self-reflection and self-assessment as creator and performer.

Connecting

DHSMOD1.CN.1

Understand and demonstrate dance throughout history and in various cultures.

a. Describe the similarities and differences within modern dance techniques from different cultures.

b. Identify and explore various modern dance techniques and innovations throughout history.



DHSMOD2.CN.2

Recognize connections between dance and wellness.

- a. Identify and explore the capabilities and limitations of the body.
- b. Identify and explore strategies to prevent modern dance injuries.
- c. Identify the effects of healthy and unhealthy practices in modern dance.

DHSMOD2.CN.3

Demonstrate an understanding of dance as it relates to other areas of knowledge.

- a. Compare and contrast modern dance to other art forms.
- b. Explore commonalities of essential concepts shared between modern dance and other subject areas.
- c. Identify and evaluate the contributions and integration of other arts disciplines in modern dance performance.
- d. Demonstrate ability to use media and technology to communicate about and create modern dance as an art form.