



**MS Advanced Dance  
GSE Standards**



## Creating

- MSAD.CR.1 Demonstrate an understanding of the choreographic process.**
- Apply dance technique to choreography.
  - Develop versatility through experimentation with various movement approaches (e.g. improvisation, imagery).
  - Demonstrate and recognize a variety of structures (e.g. AB, ABA, canon, call-response, narrative, contrasting/complementary shapes, symmetry).
- MSAD.CR.2 Demonstrate an understanding of dance as a form of communication.**
- Explore abstract ideas through simple movement in individual and small group study.
  - Purposefully implement the use of props within choreography.
  - Understand how theatrical elements (e.g. costuming, lighting) contribute to the meaning of a dance.
  - Demonstrate individuality of expression in performance.

## Performing

- MSAD.PR.1 Identify and demonstrate movement elements, technique, and terminology in dance.**
- Participate in technique based warm-up exercises for specific dance genres (e.g. ballet, modern, and jazz).
  - Compare and contrast terminology of various dance styles.
  - Demonstrate movement elements through coordination and connectivity.
  - Demonstrate increased ability and skill to sustain longer and more complex movement sequences.
  - Refine and correct movements and movement executions based on constructive feedback (e.g. intrinsic, oral and written corrections, video).
- MSAD.PR.2 Understand and model dance etiquette as a classroom participant, performer, and observer.**
- Demonstrate attentiveness, focus, concentration, initiative, and self-discipline when participating in the dance learning and performing environment.
  - Demonstrate concentration and focus with respect to self and others.
  - Exhibit initiative in modeling appropriate behaviors and skills as an audience member and dance observer.



**MSAD.PR.3 Demonstrate the relationship between human anatomy and movement.**

- a. Relate functions of major muscles and bones to the fundamental injury prevention principles for dance.
- b. Identify and apply principles of anatomy to improve muscular strength and endurance, cardiorespiratory endurance, and flexibility.
- c. Recognize the principles of a safe, progressive, sequential order of exercises in a dance technique class (e.g. warm-up and cool down).
- d. Apply the basic principles of alignment and placement to dance technique.

**MSAD.PR.4 Understand and apply music concepts to dance.**

- a. Apply musical forms (e.g. ABA, fugue, canon) to dance.
- b. Analyze different rhythm structures in music using dance.
- c. Demonstrate musicality through performance and creation of dance.

## Responding

**MSAD.RE.1 Demonstrate critical and creative thinking in dance.**

- a. Critique movement qualities and choreography using the elements of dance (e.g. spatial design, variety, contrast, clear structure).
- b. Observe and critique dance performances using specified criteria and appropriate dance terminology.
- c. Compare and contrast multiple choreographed works.
- d. Discuss the experience of performing a choreographed and improvised work.
- e. Propose ways to revise choreography according to established assessment criteria.
- f. Compare and contrast the similarities and differences between observing live and recorded dance performances.
- g. Engage in self-reflection and assessment as creator and performer.

## Connecting

**MSAD.CN.1 Recognize connections between dance and wellness.**

- a. Practice habits of health, hygiene, and nutrition to enhance dance ability.
- b. Practice elements of personal safety in dance.
- c. Identify the effects of healthy and unhealthy practices in relation to body image and lifestyle choices.



**MSAD.CN.2 Understand and demonstrate dance throughout history and in various cultures.**

- a. Critique performances from at least two different dance genres from various cultures.
- b. Perform two or more folk, social, and/or theatrical dances from history.
- c. Use a variety of resources to share and teach about dance from different cultures or history (e.g. people, books, technology).

**MSAD.CN.3 Demonstrate an understanding of dance as it relates to other area of knowledge.**

- a. Compare and contrast dance to other art forms and subject areas.
- b. Identify career possibilities in dance and dance related fields.
- c. Demonstrate skills in using media and technology to learn about dance as an art form.
- d. Use media and technology in dance performance.