HS Modern Dance Level IV
GSE Standards
**Creating**

**DHSMOD4.CR.1**  
Demonstrate an understanding of creative/choreographic principles, processes, and structures.  
- Generate original modern dance phrases from a variety of sources (e.g. instructor and self-guided improvisation).
- Manipulate modern dance phrases using the elements of choreography.
- Demonstrate various modern dance techniques through both personal and group choreography.
- Manipulate structured personal and structured group combinations to create a formal modern dance work.
- Demonstrate a variety of structures or forms (e.g. AB, ABA, cannon, call-response, narrative).

**DHSMOD4.CR.2**  
Demonstrate an understanding of dance as a form of communication.  
- Recognize how the use of choreographic structure is used to communicate meaning in a modern dance.
- Identify and demonstrate the use of theme through modern dance technique.
- Demonstrate the use of props as an extension of theme.

**Performing**

**DHSMOD4.PR.1**  
Identify and demonstrate movement elements, skills, and terminology in dance.  
- Execute an advanced modern-based warm-up related to strength, muscular endurance, and flexibility (e.g. flat backs, laterals, roll downs, contract/release, fall/recovery, high release, spirals, head-tail connections, Bartenieff Fundamentals).
- Execute advanced principles of modern dance technique with precision for classroom and performance.
- Execute focus, control, and coordination in performing complex combinations through the integration of modern dance elements.
- Refine the ability to transfer weight, change direction, and maintain balance in a dynamic movement context without losing focus.
- Synthesize knowledge of dance vocabulary from modern dance techniques.
DHSMOD4.PR.2  Understand and model dance etiquette as a classroom participant, performer, and observer.
   a. Demonstrate attentiveness, focus, concentration, initiative, and self-discipline when participating in the modern dance learning environment.
   b. Demonstrate concentration and focus, and help to maintain a respectful modern dance performance environment for others.
   c. Exhibit ability to perform with focus and concentration, and attend rehearsals and classes in preparation for performances.
   d. Exhibit leadership skills in modeling appropriate behaviors and skills as an audience member and modern dance observer.

DHSMOD4.PR.3  Recognize concepts of anatomy and kinesiology in movement.
   a. Exhibit use of self-monitoring methods to refine and improve alignment and technical skills.
   b. Define, describe, and execute the physiological demands of various modern dance techniques and repertoire, and how to prepare for those demands within rehearsals and performances.
   c. Engage in self-directed learning strategies to increase accuracy, precision, artistry, and expressiveness.
   d. Apply principles of injury prevention for modern dance.

DHSMOD4.PR.4  Understand and apply music concepts to dance.
   a. Synthesize musical concepts with self-initiation in instructed and created modern dance movements and phrases.
   b. Demonstrate initiative in modern dance phrasing movements artistically, aesthetically, and musically.

Responding

DHSMOD4.RE.1  Demonstrate critical and creative thinking in all aspects of dance.
   a. Critique movement qualities and choreography using the elements of modern dance (e.g. spatial design, variety, contrast, clear structure).
   b. Observe, critique, analyze, and respond to the quality of modern dance performances and compositions using specified criteria and appropriate dance terminology.
   c. Compare and contrast multiple modern dance works.
d. Describe and demonstrate aesthetic qualities particular to modern dance.
e. Propose ways to revise modern dance choreography according to established assessment criteria.
g. Defend and/or justify the similarities and differences between observing live and recorded dance performances.

Connecting

DHSMOD4.CN.1  **Understand and demonstrate dance throughout history and in various cultures.**

a. Analyze the role and significance of modern dance in social, historical, cultural, and political contexts.
b. Analyze dance styles of important twentieth/twenty-first century modern dance choreographers.
c. Understand similarities and differences between various modern dance techniques.
d. Evaluate the development of modern dance during the twentieth/twenty-first century, focusing on purpose, genres, styles, artistic conflicts and resolutions, significant contributors, and innovations.

DHSMOD4.CN.2  **Recognize connections between dance and wellness.**

a. Communicate how lifestyle choices affect the modern dancer.
b. Analyze the historical and cultural images of the body in modern dance and compare these to images of the body in contemporary media.
c. Discuss challenges facing a performer in maintaining a healthy lifestyle.
d. Assess consequences of personal actions, and commitment and discipline necessary to achieve modern dance goals.

DHSMOD4.CN.3  **Demonstrate an understanding of dance as it relates to other areas of knowledge.**

a. Understand and demonstrate how media and technology can reinforce, enhance, or alter a modern dance concept.