HS Modern Dance Level III
GSE Standards
### Creating

**DHSMOD3.CR.1**  
Demonstrate an understanding of creative/choreographic principles, processes, and structures.  
- a. Generate original modern dance phrases from a variety of sources (e.g. instructor-guided and self-guided improvisation).  
- b. Manipulate modern dance phrases using the elements of choreography.  
- c. Demonstrate various modern dance techniques through personal choreography.  
- d. Manipulate personal and structured modern dance combinations to create an informal modern dance work.  
- e. Demonstrate and recognize a variety of structures or forms (e.g. AB, ABA, cannon, callresponse, narrative).

**DHSMOD3.CR.2**  
Demonstrate an understanding of dance as a form of communication.  
- a. Recognize how the use of choreographic structure is used to communicate meaning in a modern dance.  
- b. Identify the use of abstract theme through modern dance movement.

### Performing

**DHSMOD3.PR.1**  
Identify and demonstrate movement elements, skills, and terminology in dance.  
- a. Execute an intermediate-level modern-based warm-up related to strength, muscular endurance, and flexibility (e.g. flat backs, laterals, contract/release, fall/recovery, high release, spirals, head-tail connection, Bartenieff Fundamentals).  
- b. Execute intermediate principles of modern dance technique with clarity and control for classroom and performance.  
- c. Execute focus, control, and coordination in performing intermediate combinations through the integration of modern dance elements.  
- d. Refine the ability to transfer weight, change direction, and maintain balance in a dynamic movement context without losing focus.  
- e. Understand similarities of movement concepts between modern dance techniques, and apply appropriate terms and skills for specific movement contexts.
**DHSMOD3.PR.2** Understand and model dance etiquette as a classroom participant, performer, and observer.

a. Demonstrate attentiveness, focus, concentration, initiative, and self-discipline when participating in the dance learning environment.

b. Demonstrate concentration and focus, and help to maintain a respectful performance environment for others.

c. Exhibit ability to perform with focus and concentration, and attend rehearsals and classes in preparation for performances.

d. Exhibit leadership skills in modeling appropriate behaviors and skills as an audience member and dance observer.

**DHSMOD3.PR.3** Recognize concepts of anatomy and kinesiology in movement.

a. Exhibit use of self-monitoring methods to refine and improve alignment and modern dance technical skills.

b. Define, describe, and execute functions of anatomy as they relate to modern dance styles, and how preparation for different modern dance techniques differ.

c. Apply principles of injury prevention for modern dance to personal practices in preparing for modern dance class and performance.

**DHSMOD3.PR.4** Understand and apply music concepts to dance.

a. Synthesize musical concepts with self-initiation in instructed and created modern dance movements and phrases.

b. Demonstrate initiative in phrasing modern movements artistically, aesthetically, and musically.

**DHSMOD3.RE.1** Demonstrate critical and creative thinking in all aspects of dance.

a. Critique modern dance qualities and choreography using the elements of modern dance (e.g. spatial design, variety, contrast, clear structure).

b. Observe, critique, analyze, and respond to the quality of modern dance performances and compositions using specified criteria and appropriate modern dance terminology.

c. Compare and contrast multiple modern dance works.

d. Describe aesthetic qualities particular to various modern dance techniques.

e. Propose ways to revise modern dance choreography according to established assessment criteria.


**Responding**
g. Defend or justify the similarities and differences between observing live and recorded modern dance performances.
### Connecting

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<th>Description</th>
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| DHSMOD3.CN.1 | Understand and demonstrate dance throughout history and in various cultures.  
  a. Analyze the role and significance of modern dance in social, historical, cultural, and political contexts.  
  b. Execute movement from various modern dance techniques. |
| DHSMOD3.CN.2 | Recognize connections between dance and wellness.  
  a. Compare and contrast the effects of healthy and unhealthy practices in modern dance.  
  b. Identify and explore the capabilities and limitations of the body.  
  c. Explore historical and cultural images of the body in modern dance and compare them to images of the body in contemporary media.  
  d. Demonstrate how personal discipline is necessary to achieve success in meeting personal goals. |
| DHSMOD3.CN.3 | Demonstrate an understanding of dance as it relates to other areas of knowledge.  
  a. Compare and contrast modern dance to other art forms.  
  b. Explore commonalities of essential concepts shared between modern dance and other subject areas.  
  c. Identify career possibilities in modern dance and dance related fields. |